

## Dr. Deepika Tyagi

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Garh Road, Meerut

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Date of birth: 24<sup>th</sup> April 1980

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Email: [drdeepika252@gmail.com](mailto:drdeepika252@gmail.com)

Martial status: Married

Hobbies: Reading,Singing,Dancing & playing outdoor games.

Language Known: English and Hindi

Nationality: INDIAN

## EDUCATIONAL QUALIFICATIONS:

| Exam Passed                     | Board/University                       | Subject  | Year | Division        |
|---------------------------------|--|--|------|-----------------|
| Research Degree<br>P.hd.        | C.C.S University<br>Meerut             | Environmental<br>influences on<br>Psycho-Social<br>Development | 2009 | 1 <sup>st</sup> |
| Master Degree                   | C.C.S University<br>Meerut             | Education  | 2005 | 2 <sup>nd</sup> |
| Master Degree                   | C.C.S University<br>Meerut             | Home Science   | 2003 | 1 <sup>st</sup> |
| Bachelor Degree                 | C.C.S University<br>Meerut             | Home Science   | 2001 | 1 <sup>st</sup> |
| Higher Secondary                | U.P                                    | Hindi,Eng,Sans,H.sc,<br>Psychology                             | 1997 | 1 <sup>st</sup> |
| High School                     | U.P                                    | Hindi,Eng,Sans,H.sc,<br>Sci,S.sc                               | 1995 | 1 <sup>st</sup> |
| Other Diplomas/<br>Certificates | Betri Uttarakhand                      | N.T.T  | 2003 | 1 <sup>ST</sup> |
|                                 | U.P Rajarshi Tandon<br>open University | Diploma courses in<br>dietetics &<br>nutrition                 | 2006 | 1 <sup>st</sup> |
|                                 | NIOS, New Delhi                        | Certificate course in<br>Early Childhood<br>Care & Education   | 2009 | 1 <sup>st</sup> |

## Paper Presented In Conference:

DR.DEEPIKA TYAGI

- “Impact of Home Environment on Social Competence of children of different age level”. Paper presented in “UGC National seminar on family- **A stepping stone in holistic development of child**” held on 27<sup>th</sup>-28<sup>th</sup> Sept. 2008 at RBD Mahila Mahavidhayala, Bijnor entitled.
- ‘Issues related to the policies & plans for development of children’, paper presented in All Indian National Seminar on issues and status of Child labour held on 12<sup>th</sup>-13<sup>th</sup> Feb 2009 at R.G.P.G College, Meerut.
- ‘**Impact of Home Environment on Mental Health of children of different age levels**’ Paper presented in National seminar sponsored by ICSSR, New Delhi held on 20<sup>th</sup>-21<sup>st</sup> March 2009 at Department of Psychology, Gurukul Kangri University, Haridwar (Uttarakhand).

## Conferences/Seminars/Workshop Attended:

| <b>Name of Seminar/ Conferences/Symposia/ Workshop</b>                            | <b>Name of Sponsoring Agency</b>                        | <b>Place &amp; Date</b>   |
|---|---|---|
| Workshop on Anxiety Management conducted by Dr.Aruna Broota,D.U.Delhi             | Deptt. Of Psychology, R.G.P.S College Meerut            | R.G. College Meerut<br>12.Oct. 2004   |
| Workshop on Application of Psycho Physiological Techniques                        | Under CPE (UGC) Grant                                   | Deptt. Of Psychology, R.G.P.S College, Meerut<br>25 <sup>th</sup> – 26 <sup>th</sup> March 2006 |
| Workshop on Youth Violence & role of Psychologists & Counselors                   | U.G.C New Delhi   | V.M.L.G. College, Ghaziabad<br>9-10 Oct. 2007   |
| Workshop on Hypnotherapy & Past life Regression                                   | Under CPE (UGC), R.G.P.G College Meerut                 | Deptt. Of Psychology,R.G.P.G College Meerut<br>11.12.2007                                       |
| Workshop on Sampling Technique  | Deptt. Of Psychology, under CPE, R.G.P.G College Meerut | R.G.P.G College Meerut<br>19.12.2007  |
| Symposium-cum-workshop on Dimension of Psycho-Analysis & its impact on Literature | Deptt. Of English, R.G.P.G College Meerut               | R.G.P.G College Meerut<br>08.03.2008  |
| Two days workshop on ‘Innovations in teaching learning process’                   | Deptt. Of education, R.G.P.G College Meerut             | R.G.P.G College Meerut<br>16-17 <sup>th</sup> April.2008  |
| National Seminar on family- A Stepping stone in holistic development of child     | U.G.C Delhi   | R.B.D. Mahila Mahavidhayala, Bijnor<br>27-28 <sup>th</sup> Sept.2008                            |
| Seminar on live in relationship: An emerging pattern of social life               | Deptt. Of Sociology, R.G.P.G College Meerut             | R.G.P.G College Meerut<br>05.12.2008  |

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|---|--|---|
| Workshop by Prof. Girishwar Misra, D.U Delhi on positive Assets & well being                | Deptt. Of Psychology, R.G.P.G College Meerut                     | R.G.P.G College Meerut<br>24.01.2009  |
| Three days workshop on Early Childhood Education & development                              | Deptt. Of E.C.C.E, Sushila Devi Polytechnic for Women, Ghaziabad | Sushila Devi Polytechnic for women, Ghaziabad<br>31 <sup>st</sup> jan-2 <sup>nd</sup> feb 2009      |
| National seminar on issues and status of child labour in India                              | Deptt. Of Sociology, R.G.P.G College Meerut                      | R.G.P.G College Meerut<br>12-13 <sup>th</sup> Feb 2009  |
| Workshop on Mastering study skills  | Deptt. Of E.C.C.E, R.G.P.G College Meerut                        | R.G.P.G College Meerut<br>17.02.2009  |
| National seminar on Mental health & current scenario  | ICCSR, New Delhi   | Deptt. Of Psychology, Gurukul kangri univ. Haridwar (Uttarakhand)<br>20-21 <sup>st</sup> March 2009 |
| Workshop on Rhymes & story telling  | Deptt. Of ECCE, Sushila Devi Polytechnic for women, Ghaziabad    | Sushila Devi Polytechnic for women, Ghaziabad<br>29 June 2009                                       |
| Workshop on anger management & anger profile  | Deptt. Of Psychology, R.G.P.G College Meerut                     | R.G.P.G College Meerut<br>01.09.2009  |
| Workshop on treatment of mental disorders with the help of Acupressure therapy              | Deptt. Of Psychology, R.G.P.S College Meerut                     | R.G.P.G College Meerut<br>24.10.2009  |
| Workshop on Enhancement of life skills through sound body, sound mind, and self realization | U.G.C New Delhi  | V.M.L.G College Ghaziabad<br>1-2 <sup>nd</sup> Dec 2009   |

### **EXPERIENCES:**

- ❖ Lecturer in R.G.P.G Meerut (2003-2010)
- ❖ As a Principal in Swami Kalayan Dev Girls Inter College Kharkhoda (2014-2019)
- ❖ Appointed as a Part-Time-Academic Counselor in Indra Gandhi National Open University [IGNOU]
- ❖ Assistant Prof. in Kanohar Lal Mahila Mahavidhayala Meerut (2019-2022)
- ❖ Assistant Prof. in NAS Degree College Meerut in B.SC Home Science(CND) [2022-Till date]

### **EXTRA CURRICULAM ACTIVITES:**

- ❖ Awarded by "AVANTIKA GROUP DR.APJ ABDUL KALAM AWARD 2017"
- ❖ Pursuing PG Diploma in Guidance and counselling from RTOU.

Date:

Place:

DR.DEEPIKA TYAGI