### **Curriculum Vitae**

#### Mahuwaa Chaudhary

D 6/2 Ganga Sagar, Ganga Nagar,

**Near IIMT University Meerut** 

Email: mahuwaajaglan@gmail.com

**Mob**: **9528507871**, 999764674

#### **PROFILE:-**

- ➤ I have at least 5 year of teaching experience of B.Sc and M.Sc students and currently working with NAS Degree College affiliated with CCS University.
  - > Skills of writing research papers and article
  - ➤ I have knowledge of analytical work such as proximate analysis, metals and microbial analysis
  - ➤ I have Presented a research paper in national conference
  - ➤ I have qualified <u>UGC NET exam in 2014</u>
  - ➤ I have Basic knowledge Operating systems and Internet basics.

#### **EDUCATIONAL QUALIFICATIONS:-**

- ▶ PhD pursuing from 2018, CCS university Meerut, Food science and nutrition.
- ➤ M.Sc Food science & Nutrition, Banasthali university Rajasthan, passing year 2013 with 81%.
- ➤ B.Sc Clinical Nutrition and dietetics, CCS University Meerut, passing year 2011 with 82%.
- ➤ Intermediate, UP Board, 2008 with 72%.
- ➤ High School, UP Board, 2006 with 62%.

#### HANDS ON EXPERIENCE IN ANALYTICAL INSTRUMENTS:-

- > DIFFERENTIAL SCANNING CALORIMETER
- > UV SPECTROPHOTOMETER
- > MUFFLE FURNENCE

### **INDUSTRIAL EXPERIENCE:-**

➤ I have done a training of 15 days (2018) in Multani Pharmaceuticals, Bhagwanpur, Uttrakhand

# **WORK EXPERIENCE**

> 5 Year of teaching experience in degree colleges. Currently working with NAS Degree College affiliated with CCS University.

Name of college/University	Designation	Classes taught	Course/subject
Kanhor lal girls PG college	Lecturer	B.A and M.A	<ul> <li>Therapeutic nutrition</li> <li>Child development</li> <li>Research methodology Resource management</li> <li>Food science</li> <li>Rural sociology</li> </ul>
Meerut college Meerut	Guest faculty	B.Sc and M.Sc	<ul><li>Food science</li><li>Nutritional Biochemistry</li><li>Food Microbiology</li></ul>
GRD girls degree college, Dehradun Uttrakhand	Lecturer	B.Sc	<ul> <li>Human development</li> <li>Applied Life sciences</li> <li>Socioculture dimensions of family in India</li> <li>Diet therapy</li> </ul>
Subharti university Meerut	Guest faculty	M.Sc	<ul><li>Nutritional Biochemistry</li><li>Food Microbiology</li><li>Nutritional assessment</li></ul>
Methodist girls degree college, roorkee Uttrakhand	Guest faculty	B.A	<ul><li>Food science</li><li>Human development</li></ul>

# **WORK AS AN EXTERNEL EXAMINER**

Name of institute	Date	
Subharti university, Meerut	17/01/2018, 18/01/2018, 04/07/2018,	
	06/07/2018, 24/07/2018	
IIMT University, Meerut	23/06/2018	

# **SEMINAR ATTENDED:-**

Name of seminar	Title	Date	Place	Sponsored/organi zed by
National seminar	Recent trends in life skill education : An Approach towards holistic development	29 <sup>th</sup> – 30 <sup>th</sup> June, 2018	Subharti university Meerut	ICSSR, Government of India
International conference	Development aspects in tourism & hospitality sector	2 <sup>nd</sup> -3 <sup>rd</sup> December, 2017	Subharti university meerut	Bikaji cama Subharti institute of Hotel Management
National seminar	Role of community science education in rural development	21 <sup>st</sup> -22 <sup>nd</sup> August, 2019	Pantnagar university	College of Home Science Govind Ballabh Pant University of Agriculture and Technology
National workshop	Writing and publishing a research paper	15-16 <sup>th</sup> February,201	Ghaziabad	Vidyavati mukand lal girls college, ghaziabad
National Seminar	Various content trends in research methodology	19-12-2021	Meerut	Kanhor lal post graduate girls college, Meerut

# **PAPER PRESENTED:-**

Name of seminar	Title	Date	place
National seminar (Role of community science education in rural development)	Potential nutritional benefits of mango seed kernel	22-08-2019	College of Home Science Govind Ballabh Pant University of Agriculture and Technology

### **PAPER PUBLISHED:-**

S.no	Title	Book/journal	Date
1	Potential nutritional benefits of mango seed kernel	Role of community science education in rural development	9-02-2021
2	Relationship of Menarche age with Anthropometric profiles	South Asian Journal of Food Technology and Environment	December, 2017
3	Potential significance of mango seed kernel in boosting the immune system	International journal of Home science	01-03-2022

### **INTERNSHIP AS A DIETITIAN:-**

I worked as a dietitian trainee for two months in 'Anand Nirogdham Hospital' and for one month in 'Metro Hospital & Heart Institute' 'Meerut', those are the top two hospitals of Meerut. My responsibilities covered as a very sincere and hardworking. During the internship programme, I was involved in planning and administration in therapeutic diets, case studies and presenting a project report.

### **EXTRACURCULAR ACTIVITIES:-**

- Uttar Pradesh scouts and guide Rajaya puruskar, 2003
- Uttar Pradesh scouts and guide Rastrapati puruskar, 2004
- Uttar Pradesh scouts and guide National camp certificate, 2005
- ➤ 'A' Certificate of NCC *No. UPJW/04/72182*, 2006
- Nav Bharat Computer Education, Programme O.A, 2008

#### **EXPERTIES SUMMRY:-**

- ➤ To be an asset to the organization.
- > Expertise in teaching.
- ➤ A quick learner with 'Can Do' attitude.

# **PERSONAL PROFILE:-**

DOB : 30/12/1991

Marital status : Married

Two children's (8year old boy & 3.5 year old girl)

Anniversary date : 03/11/2014

Language known : English & Hindi

Permanent Address : D 6/2 Ganga Sagar, Ganga Nagar, Near IIMT University Meerut 'U.P'

Hobbies: Sketching, Painting and Reading book

I hereby attest that the above information is true and correct to the best of my understanding.

Date: Mahuwaa Chaudhary