



# Riya Gagneja

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## Objective

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To work in an environment which encourages me to succeed and grow professionally where I can utilize my skills and knowledge appropriately.

## Experience

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- **Nanak Chand Anglo Sanskrit College** August 2022 - Till now  
Assistant professor
- **College of Applied Education And Health Science** December 2020 - August 2022  
Assistant professor  
Delivered Scheduled lectures to Undergraduate Students.  
  
Evaluated the students individually to identify areas of difficulty.  
  
Prepared and delivered lectures on Therapeutic Nutrition, Food Science, Nutrition and Fitness, different hospital diets and many more.
- **Hindustan Wellness pvt ltd** July 2020 - December 2020  
Dietitian  
Instruct clients in proper meal preparation and diet therapies.  
  
Develop goal plans with idea life changes to support wellness.  
  
Held nutrition workshop to support clients progress and introduce new concepts.
- **Fortis Hospital , Noida** February 2020 - July 2020  
Intern Dietitian  
.Council more than 100 patients in hospital.  
.Conduct Nutrition health camp.  
.Council 50+ patients in health camp.
- **Max Smart Super Speciality Hospital, Saket, Delhi** March 2018 - May 2018  
Intern Dietitian

## Education

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- Qualified UGC NET
- **National Diabetes Educator Program** 2021  
Diploma in Diabetes Educator  
First
- **Chaudhary Charan Singh University (CCSU)** 2020  
M.Sc Food and Nutrition  
88.92%
- **Meerut College, Meerut** 2018  
B.Sc Clinical Nutrition and Dietitics  
76.65%
- **Dayawati Modi Academy, Modipuram** 2015  
10+2  
72%
- **Golden Heart Academy, khatauli** 2013

High school  
8cgpa

### **Skills**

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- Team building, Nutrition Councelling, Diet and therapy, Decision making, Problem Solving

### **Languages**

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- English, Hindi, Punjabi