

RESUME

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Dr. Shiva Bhardwaj **Asst. Professor (Department of Physical Education)**

OBJECTIVE : To become a part of management team in a growing organization for personal and professional advancement, proving the best efforts for efficient operations.

ACADEMIC QUALIFICATION

- **Ph.D** from Sai Nath university Jharkhand in 2015.
- **M.Phil** from N.C.P.E Noida in 2011.
- **M.PEd** from Shri Ram College MuzaffarNagar in 2010.
- **B.PEd** from Kalka college Meerut in 2005.
- **B.Sc** from N.A.S Degree Collage, Meerut in 1999.
- **Intermediate** from N.A.S Degree Collage, Meerut in 1995.
- **High School** from N.A.S Degree Collage, Meerut in 1993.

EXPERIENCE & ACHIVEMENT

- Vice president of the assotiation 'The Meerut Hockey' affiliated to Hockey Uttar Pradesh and Hockey India .
- Member of District Body Building & Fitness Association Meerut.
- Having a certificate of U.P Athletic Association 2005.
- Worked as data entry operator in CCS University Meerut in duration from Oct 1998- Jul 2001.
- Worked as a coach of U.P State Body Building Association from 01-04-07 to 31-03-09.
- Two years teaching Experience in Bal Bhawana Juniour High School Meerut 2008-10.
- Five year teaching Experience in N.A.S Degree College Meerut in 2010-11 to 2016.
- Two year teaching Experience as assistant professor in Digember Jain college of Education dadri daurala Meerut 2016-18.
- Working as Official CCS University Intercollegiate Athletic meet (M&W) Tournament 27-11-11 to 30-11-11.
- I have Organized Annual game in K.K Jain Post graduate College Khatauli in 2011-12.
- I have Organized CCS University Intercollegiate Hoccky (W) Championship 2011-12.

- Giving services at CCS University during the North Zone Inter University Handball (M&W) Tournament 2012-13.
- CCS University Appointed as Manager cum Coach of L.Tennis (M) team Tournament 2012-13.
- Giving services at CCS University during the North Zone Inter University Kabaddi (M) Tournament 2013-14.
- Giving services at CCS University during the All India Inter University Wrestling (M&W) Tournament 2013-14.
- I have Organized CCS University Intercollegiate Circle Kabaddi (M) Championship 2016-17.
- CCS University Appointed as Manager cum Coach of Circle Kabaddi (M) Championship team Tournament 2016-17.
- Giving services at CCS University during the North Zone Inter University Cricket (M) Tournament 2016-17.
- Giving services CCS University during the North Zone and Inter Zone Inter University Chess (M) Tournament December 12-20-2018.
- I have Organized CCS University Intercollegiate Badminton (M&W) Championship 2018-19.
- Two year teaching experience in IIMT UNIVERSITY GANGA NAGAR MEERUT from 2017-18 to 2019. As Asst. Professor Department of Physical Education.
- I have Organized CCS University Intercollegiate Boxing (M&W) Championship 2022-23.
- I have Organized CCS University Intercollegiate judo (M&W) Championship 2022-23.
- I have Organized CCS University Intercollegiate Shooting (M&W) Championship 2022-23.
- I have Organized CCS University Intercollegiate Hockey (M&W) Championship 2022-23.
- I have Organized CCS University Intercollegiate Football (M) Championship 2022-23.
- I have Organized CCS University IntercollegiateTennis (M&W) Championship 2022-23.
- Presently teaching in N.A.S Degree College ,Meerut as assistant professor Department of Physical Education.

SPECIALISATIONS

- Power lifting, Weightlifting and best physique.
- Hockey

SEMINARS

- Delivered a lecture on the topic “General Wellness Through Surya Namaskar” in the Department of Physical Education in MM College, Modinagar 16-10-2015.
- Attended International Seminar on the topic “Contribution of yoga in general Physical Fitness” in the Department of History in MM College, Modinagar 2016.
- Attended National Seminar on the topic “Impact of yoga on personality development” in the Department of Physical Education in Ramabai Ambedkar Govt. Degree College, Gajraula, Amroha, U.P.2016 .
- Attended National Seminar on the topic “Attitude of Girls Students towards participation in

sports and games at college level” in the Department of Physical Education in MM College, Modinagar 2017.

- Attended Seminar cum Workshop on the topic in the department of Physical Education & Sports in Surevin International School Modinagar.2017.
- National Seminar on the topic “Development of Sports at School Level aiming Olympic Games” in the Department of Sports, CCS University, Meerut on the theme “**Mission Olympic Through University Sports(MOTUS) 2018**”.
- Attend National Conference on Anti Doping Organized by National Anti Doping Agency (NADA) and Physical Education Foundation Of India (PEFI) New Delhi 30-31 Jan 2019.
- “Application of computers in sports “, National Seminar on Digitalized Perspective of Teacher Education in India (29th – 30th March 2019), College of Education IIMT University Meerut.

PUBLICATION

- Comparison between physical education students and other non physical education subject students regarding ‘self control’ through physical training program. Volume 7 issue 11 year 2016 ISSN 2319-9202.
- Development of sports at school level aiming Olympic games. Vol-9 Issue-II, Dec 2017 ISSN 0976-6588.

PART TIME COUNSELLING IN HELTH CARE

- Developed exercise and diet plans for clients.
- Designed weight loss regimens.
- Developed “workout of the day” programs.
- Helped with personal training sales.

COMPUTER SKILLS

- Basic Knowledge of MS-Office & Basic Internet.
- Advance diploma in Computer application (ADCA) year 2000-2001.

PROFILE

Name : Dr. Shiva Bhardwaj

DOB : 13 Aug 1979

Father’s Name : Sh. Hari Om Dutt Bhardwaj

Nationality : Indian

Language Known : Hindi & English

DECLARATION

I hereby acknowledge and agree that all the information's furnished above by me is true to the best of my knowledge.

(Dr. Shiva Bhardwaj)